

**PRINCIPAL'S REPORT**

Dear all,

Education Week Assembly

Next Friday, 4 August, parents and family members are invited to celebrate Education Week with us. We will be hosting an assembly at 10.15am and visitors are welcome to bring their lunch, picnic blanket and foldup chairs and join us for a picnic at the end of the assembly. This will be followed by an opportunity to visit classrooms. I hope you are able to join us to help celebrate the amazing things happening in our school and in schools across the state.

Welcome Miss Doumbos

On Monday, I announced that Miss Jessica Doumbos will be taking over the 4-5 class when Mrs Moore takes maternity leave at the beginning of Week 4. Miss Doumbos will be teaching alongside Mrs Moore all of next week (Week 3) to ensure a smooth transition. I know Miss Doumbos will thoroughly enjoy her time at Tomorong School.

A Taste of Tomorong

Its Back! Due to the outstanding success of last year's inaugural community dinner we're pleased to announce we will be holding another *Taste of Tomorong* dinner at the Tomorong School of Arts on the evening of Saturday 2 September. Last year's event not only raised much needed funds for the P&C, but was a fantastic community event, so I urge you to come along and enjoy an evening of amazing food and great entertainment!

More details, including how to purchase tickets will be available in next week's 'Bulletin'.

P&C Meeting

The next P&C Meeting will be held next Monday, 31 July at 6pm in the Administration building. As always I encourage families to be involved in the P&C to support the great things they help us achieve as a school community.

Have a great week,

Rod White

**COMING EVENTS - Term 3****WEEK 2**

Fri 28 Jul	-Senior Gala Day Postponed -Scholastic Book Club Due
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WEEK 3 - EDUCATION WEEK

Mon 31 Jul	-Library Borrowing - 2-3K -P&C Meeting - 6pm
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Tue 1 Aug	-Library Borrowing - 1F, 2M and 5-6B
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Wed 2 Aug	-Library Borrowing - KD and 4-5M -Uniform Pool - 8.50 - 9.10am
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Fri 4 Aug	-Education Week Assembly - 10.15am -Canteen Closed
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WEEK 4

Tue 8 Aug	-Special Sport Assembly - 2.10pm
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Fri 10 Aug	-District Athletics Carnival
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This week's value is

Follow Teacher Directions

Congratulations to last week's winners

Mariah, Ruby and Rubi

Kindergarten
Corner

Kiang

"Hi! My name is Kiang. I have one brother. At school I like the iPads, Lego and reading groups and I like to play with Shamar, Myles, Jeremy, Max and Jesse. At home I like playing on the computer and the Play Station. When I grow up I would like to be Batman!"



SAVE THE DATE
SATURDAY 2 SEPTEMBER
A TASTE OF TOMORONG
CURRY NIGHT



SCHOLASTIC BOOK CLUB NEWS

Your child has received their Scholastic Book Club brochure and it is jam packed full of yummy books!

Orders need to be placed in the money collection box located in the office waiting room no later than this **Friday, 28 July**. All orders go towards earning points for our school to purchase library books and resources for our students.

Happy reading!

Mrs Dilley

SPORTS SHORTS

School Swimming Scheme

School Swimming Scheme notes were sent home with students eligible to attend (students from Years 2-6 are eligible to attend, with priority being given to non-swimmers in Years 2 and 3).

The Swimming Scheme will be held at the Bay and Basin Leisure Centre from Monday 11 September to Friday 22 September between 10.50 - 11.35am. The cost of the two week program is \$85. **We have only 45 places available, so the first 45 permission notes received will secure a place for this swim scheme program.**

AFL Senior Gala Day

The Senior AFL Gala day has been postponed until **Friday 18 August**. A new permission note will be sent home with Years 5 and 6 students. These gala days allow students from seven local schools to compete in a friendly competition format. They are always great days.

Luke Munn

HEALTH NEWS

Impetigo (School Sores)

Please be advised that we have a confirmed case of Impetigo in the school community. Please read the fact sheet attached to this 'Bulletin'.

LIBRARY LINKS

Premiers Reading Challenge

Just a reminder that the closing date for the Premier's Reading Challenge is fast approaching! **The closing date is Friday 25 August**. Please make sure you have logged all of your books onto the website by then.

Thank you and congratulations to all the students who have already completed the challenge!

Children's Book Council of Australia Book Week



Each year, across Australia, The Children's Book Council of Australia (CBCA) brings children and books together celebrating book week. During this time schools, libraries, book sellers, authors, illustrators and children celebrate Australian Children's literature.

We will be celebrating Book Week from Monday 21 August to Friday 25 August (Week 6).

The library has been stocked full of all the shortlisted books for 2017, which students will be reading and enjoying during library lessons.

We will also be holding our annual book parade on Tuesday 22 August, starting at 9.30am. The theme for this year's Book Week is 'Escape to Everywhere'. You can either dress up with that theme in mind, or as your favourite book character.

I cannot wait to see all the costumes! Tomerong students (and parents!) always make such a wonderful effort each year!



During this time, we will be having a visit from the Shoalhaven library who bring their 'Book Week Roadshow' to us each year. They put on a wonderful reader's theatre performance each year based on a few of the shortlisted books.

The Shoalhaven Library is also running a competition, which will be handed out to all students next week. There is a colouring in competition for K-2 and a design and make diorama for years 3-6. These will need to be taken into any local library by Friday 11 August, or given to me to take in. There are some wonderful prizes and students from Tomerong did a great job last year with their entries, so I am look forward to seeing lots this year also!

Mrs Darby

2017 CANTEEN ROSTER - TERM 3

Date	Volunteer 1	Volunteer 2	Baking
Fri 28 Jul	Cath	Jo	Bronwyn
Wed 2 Aug	Kanlaya		
Fri 4 Aug	CANTEEN CLOSED		
Wed 9 Aug	Kanlaya		
Fri 11 Aug	Patty		Patty
Wed 16 Aug			
Fri 18 Aug			Bronwyn
Wed 23 Aug			
Fri 25 Aug			

Chicken Burgers - Wednesdays and Fridays

Pasta - Wednesday Only

Cheeseburger/Hamburgers - Friday Only

SCHOOL TERM DATES

2017

Term 3 - Tuesday 18 July - Friday 22 September
Term 4 - Monday 9 October - Friday 15 December

2018

Term 1 - Tuesday 30 January - Friday 13 April
Term 2 - Tuesday 29 April - Friday 6 July

Impetigo is a highly contagious bacterial infection of the skin.

Good hygiene helps prevent spread of infection.

If antibiotics are given it is important to finish the whole course to make sure the impetigo will not recur.

Impetigo

Last updated: March 2017

What is impetigo?

Impetigo is a bacterial skin infection caused by *Streptococcus* and *Staphylococcus* bacteria. It is commonly known as 'school sores' because a majority of cases are in school-aged children. However, it can also affect infants, adults and adolescents.

Uncomplicated impetigo does not cause permanent damage to the skin, but is highly contagious.

What does it look like?

Impetigo occurs in two forms, blistering and crusted. In blistering impetigo the blisters arise on previously normal skin, and rapidly grow in size and number. The blisters quickly burst and leave slightly moist or glazed areas with a brown crust at the edge. The spots expand even after they break open and can be many centimetres wide. They sometimes clear in the centre to produce ring shaped patterns. They are not usually painful, but can be itchy.

Crusted impetigo has a thick soft yellow crust. Beneath this crust is a moist red area. Crusted impetigo spots grow slowly and are always smaller than the fully developed spots of blistering impetigo. They are not usually painful, but can be itchy.

Impetigo can occur on top of other skin conditions, particularly itchy ones. When the skin is scratched the infection can enter through the broken skin. Some of these conditions are atopic dermatitis (eczema), scabies, insect bites and head lice.

In cases where a larger area of skin is affected, patients may also have a fever, swollen lymph nodes or feel generally unwell.

How is it diagnosed?

Your doctor may diagnose impetigo based on a visual inspection of the blisters/ sores, or by taking a swab to test for bacteria and check which antibiotic to use. The result of the swab takes several days.

How is it treated?

Depending on how bad the infection is, your doctor may recommend the use of an antibiotic ointment or oral antibiotics in severe cases. Antibiotic ointment should be continued until the sores have completely healed. If oral antibiotics are given it is important to finish the whole course of treatment (usually 5 days) and not stop when the impetigo starts to clear.

Sores should be cleaned every 8 – 12 hours, dried thoroughly and covered with a waterproof dressing. Bathing the blisters with salty water will help to dry them out (use saline solution or dissolve about half a teaspoon of salt in a cup of water).

How is it spread?

Impetigo is very easy to catch from other people. Impetigo is usually spread through direct contact with other infected people.

The bacteria primarily enter through damaged skin. People with conditions causing long-term damage to their skin, such as eczema or atopic dermatitis, are at greater risk of infection.

How can you avoid spreading the infection?

While you have the infection:

- Sores should be kept clean and covered with a waterproof dressing to prevent them being touched or scratched.
- Used dressings should be placed in a sealed bag and put in the garbage bin as soon as they are removed.
- Hands should be washed thoroughly with soap and running water for 10 – 15 seconds after sores are touched or redressed.
- Children with impetigo should be kept home from school or other group settings if their wounds cannot be kept covered until 24 hours after antibiotic treatment has been started, or until the blisters have dried out if antibiotics are not used.

To prevent impetigo children should be taught:

- To wash their hands often with soap. Resources on handwashing can be found at <https://www.nhmrc.gov.au/guidelines-publications/ch55>.
- Not to scratch scabs or pick their nose.
- Not to share their clothes, towels, or toothbrushes.
- To have scratches and cuts cleaned and covered.

Parents should be careful not to allow items such as clothes, towels, bed sheets, razors or toothbrushes used by the affected person to be used by others. Other grooming items, such as nail scissors or tweezers, should be disinfected/washed thoroughly after each use.

In addition to general hygiene measures, specific measures to prevent spread in schools and childcare include:

- Teachers, children and families should understand the importance of hand washing, covering sores and staying home if sick
- Hand washing products (soap dispensers, running water and paper towels) should be available and accessible
- Activities should allow time for hand washing as part of routine practice (before eating and after going to the toilet)
- Temporary exclusion from child care or school if their wounds cannot be kept covered until 24 hours after antibiotic treatment has been started, or until the blisters have dried out if antibiotics are not used
- Surfaces such as counters, desks and toys that come in contact with uncovered or poorly covered infections, should be cleaned daily with detergent, and whenever visibly contaminated.

Impetigo is dangerous for babies

It is important for people with impetigo to keep away from newborns and young babies. Newborn babies are particularly susceptible to impetigo because their immune systems are not fully developed.

What is the public health response?

Impetigo is not notifiable in NSW. Public health units can advise on the control of outbreaks.

Group A streptococcal infection may lead to other rare conditions such as acute post-streptococcal glomerulonephritis 3–6 weeks after the skin infection, which is associated with antibodies produced to fight streptococcal infection.

In communities in Australia that have cases of rheumatic heart disease, episodes of acute rheumatic fever are thought to be triggered by impetigo as well as by throat infections with group A *Streptococcus*. In those communities prompt treatment and control of impetigo is an important part of preventing rheumatic heart disease.

For further information please call your local Public Health Unit on 1300 066 055







CELEBRATING NAIDOC WEEK

